

AZURA

AFRICAN SPA



Azura offers unique African Spa treatments at the beautiful beachfront spa. The signature treatments use only natural ingredients sourced from the wilds of Africa, to offer the ultimate relaxing and pampering experience.

Every treatment starts with a foot bath with scented water, where your therapist will discuss your specific needs and the natural ingredients that will be used.

Couples are encouraged to have their treatments together to take advantage of Azura's beautiful romantic setting. If you would prefer, you can enjoy these world class treatments in the comfort of your own villa.

Please book all Spa treatments through the Spa manager or representative.

Relax... Revive...Renew...

BODY SCRUBS AND WRAPS

Diamonds are Forever (30 minutes) \$85

The height of African extravagance, this rub makes use of natural sea salt and mood enhancing African oil to exfoliate, mixed with 1 carat of real diamond dust for the ultimate in glitz. Ever been covered head to toe in diamonds? Every girl should at least once in their life!

African beginnings (1 hour 30 minutes) \$120

A traditional African ritual that starts by polishing your skin with crushed wild apricot kernel, specially blended with chamomile, vetiver and eucalyptus to cleanse and refresh and added vitamin E to protect and smooth. This is followed by either a detoxifying and cleansing traditional African mud wrap or a rich and hydrating shea butter wrap. Smooth, glowing skin African style!

Too much fun in the sun (1 hour 30 minutes) \$120

A gentle and soothing treatment, using cucumber pulp to cool and refresh, combined with aloe and rooibos for their healing properties. Then be covered with a hydrating aloe and rooibos gel, cocooned around the body, to calm and cool the skin. Perfect for those with delicate skin or those who have seen a little too much sun.

Skin defence (1 hour 30 minutes) \$120

A blend of walnut and marula shell is used to gently exfoliate, revealing skin that is ready for the application of calendula, arnica and grapeseed extract, which promotes a healthy immune system by stimulating lymph and eliminating toxins.

Slim me down (1 hour 30 minutes) \$120

Feel like you have been over indulging? After an invigorating scrub, a mud which is rich in fat strippers, caffeine and L-carnitine is applied to trigger fatty acid liberation. Combined with essential oils of juniper, clary sage and lemongrass, this detoxifying scrub and wrap literally melts away fat.

Sole to soul (1 hour) \$80

Total indulgence for tired, swollen and aching feet, especially after a long flight. Your feet are exfoliated, massaged and then cocooned in an African potato wrap to nourish and reduce inflammation.

MASSAGES

All massages are available as 30, 60 and 90 minutes.

Sensory sensation \$60, \$100, \$140

A gentle, soothing, massage for those who simply want to lie back and relax, using long slow strokes and specially blended aromatic oils.

Essence of Africa \$60, \$100, \$140

A rhythmical, balancing massage using traditional techniques for a total sense of balance and wellbeing. Different African avocado/shear butter body nuggets are melted and massaged into the body: relaxing for back neck and shoulders, stimulating for the legs to warm the muscles and improve circulation, and clearing for the chest to release tightness and heal.

Tribal Traditions \$60, \$100, \$140

A very unique African massage experience where the therapists strokes mimic the beating of African drums, massage staffs hued from local wood are used on both body and face, and African rainsticks leave you with a sense of peace and calm.

The Big Chill \$80, \$120, \$160

The perfect end to a warm, sun soaked day. Aromatic oils are used in conjunction with cooled stones to refresh and ease the body.

African harmony \$60, \$100, \$140

Shea butter from Ghana, hard as rock, once applied to the skin melts deeply into the upper layers to hydrate, sooth and condition. Choose from nourishing Neroli or stimulating Black Pepper.

Love me Do \$70, \$110, \$150

This massage makes use of Marula Oil. Recently acclaimed worldwide as Africa's miracle oil and the most potent new ingredient in the beauty industry. It is extremely rare and highly treasured amongst the local community. Often given as a marriage gift, it is famed for its restorative properties, as well as for the promotion of harmony, romance and perfect union. Choose from relaxing African Peace oil, uplifting African Recharge oil, detoxifying African Storm oil or conditioning African Harmony oil.

Healing hands (45 minutes) \$160

The perfect treatment for those who want to enjoy the benefits of a full body massage in half the time. Utilising two therapists, who work on your body simultaneously.

CLASSIC TREATMENTS

Radiance Facial (1 hour) \$100

Using only natural African products, the skin is cleansed, exfoliated, massaged and treated using a beautifying mask. Choose between balancing and refining, soothing, rejuvenating, repairing or vitamin boosting.

Classic Manicure (1 hour) \$50

The nails are cut and filed, cuticles pushed back and oiled, hands exfoliated and massaged, and ends with an application of polish. French polish supplement - \$10.

Classic Pedicure (1 hour 15 minutes) \$70

The feet are beautified by cutting and filing the nails, pushing back cuticles, removing hard skin, exfoliating and massaging and ending with the application of polish. French polish supplement - \$10.

Reflexology (30 minutes) \$70

Based on time honoured Chinese principles of energy flow and health, through the massaging of specific points on the feet to facilitate the body's natural ability to heal itself.

SPA PACKAGES

African God or Goddess (1 hour 30 minutes) \$150

This treatment begins with a back exfoliation and massage to relax you before using a cocktail of African ingredients to cleanse, exfoliate, mask and nourish. A sensory treatment so luxurious, so velvety, you will want to be treated like an African God or Goddess every day.

Spice route (2 hours) \$200

Take yourself on your own spice journey, as the Queen of Sheba, a regular visitor to these shores in search of the islands pearls, used to do. The therapists will present you with a tray of spices and advise you on their properties. We then blend them into an exfoliation, body wrap and massage medium. Lie back, relax and allow the fragrance of the spices to transform your world.

African anti-aging body experience (2 hours 15 minutes) \$240

This body experience begins with a marula and walnut scrub to remove dead skin cells and prepare the whole body for the application of the special anti-aging wrap. African ingredients of fynbos honey, rosehip oil, rooibos and African potato nourish, boost skin immunity, and act as anti-inflammatory and anti-oxidant agents. After the wrap has been absorbed, marula oil is gently massaged into the skin to create a natural barrier to hold in moisture.

Azura Total Indulgence (3 hours) \$300

It doesn't get better than this! Your therapist will assess your specific needs and then combine the best of everything offered at the Azura Spa in one long indulgent treatment. It starts with a relaxing footbath, full body scrub and wrap, African facial tailored to your skin type, and then finishing up with a full body massage. Total Indulgence...

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Notes:

- *Surcharge for in room treatments \$20 per villa.*
- *Treatment times are listed next to treatments, booking time is an additional 15 minutes to allow for relaxation.*
- *50% cancellation fee for treatments not cancelled timeously.*
- *Azura's African Spa Treatments are all based on natural ingredients. From time to time these may not be available and substitutions or alternatives may need to be offered. This is to ensure the highest quality offering.*
- *All treatment prices are exclusive of local taxes.*
- *All treatments are based on the availability of therapists, as occasionally they need a holiday too! Your understanding is appreciated.*

Azura African Spa is owned, managed and operated by Indian Ocean Eco-Islands Limited.